

## Patient Resources: Surgery

Information about knee, hip, foot, shoulder, elbow, wrist and hand surgery (Versus Arthritis)  
<https://www.versusarthritis.org/about-arthritis/treatments/surgery/>

Considering knee surgery?  
<https://physiostrength.club/2018/07/21/considering-knee-surgery-read-this-first/>

Rotator cuff related pain: Exercises is as good as surgery  
<https://www.youtube.com/watch?v=5bUf9VcYLml>