

# Information & Consent Form: Sport, Exercise & Musculoskeletal Medicine Consultation

## Information to make your appointment as smooth as possible.

Our Sport, Exercise & Musculoskeletal Consultants (previously referred to as Sport Doctors) are keen to see you back at your best as soon as possible. In order for them to do this we just want to explain a little bit more about the consultation process.

The initial consultation will last approximately 40 minutes and the fee is £275. In this time the Consultant will assess your previous medical history and also conduct an examination of the injury to ascertain the best course of treatment. Follow up consultations are usually around 25 minutes in length and the fee is £210.

Our Consultants would prefer to see you in person for follow-ups to go through results such as MRI scans. Please bring any CD of your scan with you if the MRI provider supplied you with one after the scan. We will have a report of the scan before we book you in for follow-up, but our Consultants will wish to look at the scan themselves as well.

If for some reason you request a telephone follow-up to discuss results, we would still need to charge for a follow-up appointment as normal. Any fee for telephone consultations would reflect the time it takes for the Consultant to assess your scan, review notes, ring you and also dictate a clinic letter.

## Ultrasound Scan

This is a specialised scan that images soft tissue structures – ligaments, tendon, muscles but not bones or joints. It is very useful to aid in the diagnosis and to guide injections into the correct place.

An Ultrasound scan is not as detailed as an MRI, but it is considerably cheaper. Our Sport, Exercise & Musculoskeletal Consultants have all undergone specialised training in the use of Ultrasound for both diagnostic and guided injection therapies; the scan is safe and painless. It would be extremely helpful if, before your consultation, you obtained authorisation from your insurance company for the Sport, Exercise & Musculoskeletal Consultants to perform an Ultrasound scan, should this be required during your consultation.

## Ultrasound Charges\*

Ultrasound	Charge
Diagnostic Ultrasound	£310

\*Ultrasound charges are additional to your consultation fee.

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## Procedures

During the consultation the Sport, Exercise & Musculoskeletal Consultant may recommend further treatment which could include an Ultrasound Guided Injection, Injection Therapy, Compartment Pressure Analysis or Shockwave Treatment.

## Procedure Charges\*

Procedure	Code	Charge
Ultrasound Guided Joint Injection	W9030	£465
Ultrasound Guided Fluid Drainage	XR180	£500
Ultrasound Guided Botulinum Toxin Injection	X3750	£590
Ultrasound Guided Ostenil Plus Injection	AA663	£530
Injection – Joint	W9040	£330
Injection – Soft Tissue	S5210	£265
Injection – Intramuscular	X3760	£265
Compartment Pressure Analysis	A8460	£825
Shockwave (Lithotripsy) – Shoulder	T7480	£165
Shockwave (Lithotripsy) – Plantar Fasciitis	T5780	£165
Shockwave (Lithotripsy) – Patella Tendon	W8500	£165
Shockwave (Lithotripsy) – Achilles	T7250	£165
Shockwave Lateral Epicondylitis	T8052	£165
Shockwave Hip	T6290	£165

\*Procedure charges include the cost of the consultation fee. Shockwave charges listed above are for single treatments. This table does not include all of the procedures we offer; please speak to our reception team if you have any questions.

If you have any questions about our fees, please call the reception team on 020 7788 7000 who will be more than happy to assist you.

## Information on Insurance Companies

Please note that you are required to make contact with your insurance company before any visit, who will confirm your level of cover and will issue you with a preauthorisation number. It would speed things up considerably if you are able to check that your authorisation code for your consultation will also cover any blood tests or diagnostic ultrasound scans, should they be required. Failure to contact your insurance company may result in their refusal to pay for your treatment.

If you are referred on for further tests, we would recommend that you contact your insurance company again once the tests have been booked. You will need to inform your insurer of the name of the test, the date and venue where you will be having your tests performed (our clinical services team will be able to provide you with all these details).

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In the case of onward referral within Pure Sports Medicine we would also recommend you contact your insurance company for them to confirm cover. If you are insured with AXA Health, AXA Global Health, Bupa, Bupa Global, CIGNA, CIGNA International, AVIVA, WPA, Healix or Health Partners Europe we can bill these insurers directly for consultations, procedures and ultrasound scans with our Consultants. Otherwise, you are expected to pay for the full cost of the consultation on the day, and a receipt will be provided which you can use to claim back from your insurance company. It is important to confirm with your insurance company how much they will cover for the specialist you are seeing so that you understand what is covered and any potential excess fee that you may be liable for.

## Onward Referrals

Please note that if you are sent for further tests (Blood test, MRI, X-ray etc) these tests will be conducted by a third-party company, and therefore it is important that you take all your insurance policy information with you when you go along for your appointment. You may also be required to register with the clinic so it may be useful to take your GP details etc with you. We will have already given them the information about who is requesting the test and where to send the results to. If you are a self-payer, you may be required to pay for the test on the day; please let us know if this is the case so we can request the payment policy from the relevant company.

## Cancellation Policy

We require at least 24 hours' notice from you if you need to cancel an appointment. Appointments cancelled within 24 hours of the appointment time may be charged at the full value of the consultation.

## Patient signature

I have read and understood this information relating to my consultation.

NAME .....

SIGNATURE .....

DATE 

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