

DATE 2016
SERVICE Sports Doctor

Sports Doctor Consultation

Information to make your appointment as smooth as possible

Our Sports Doctors are keen to see you back at your best as soon as possible. In order for them to do this we just want to explain a little bit more about the consultation process.

The initial consultation will last approximately 20 -35 minutes. In this time the Doctor will assess your previous medical history and also conduct an examination of the injury to ascertain the best course of treatment.

Ultrasound Scan

This is a specialised scan that images soft tissue structures – ligaments, tendon, muscles but not bones or joints. It is very useful to aid in the diagnosis and to guide injections into the correct place. The Doctor may recommend a Doppler Ultrasound scan which is an ultrasound scan that allows the clinician to see the blood flow around the scanned area. This is especially useful if an ultrasound guided injection is required.

An Ultrasound scan is not as detailed as an MRI, but it is considerably cheaper. Our Sports Doctors have all undergone specialised training in the use of ultrasound for both diagnostic and guided injection therapies; the scan is safe and painless. It would be extremely helpful, if before your consultation you obtained authorisation from your insurance company for the Sports Doctor to perform an US scan, in case this was indicated during your consultation.

Ultrasound Charges

Ultrasound	Charge
Diagnostic Ultrasound – Extremity	£260
Diagnostic Ultrasound - Doppler	£350

Procedures

During the consultation the Sports Physician may recommend further treatment which could include; Ultrasound Guided Injection, Injection Therapy, Compartment Pressure Analysis or Shockwave Treatment.

Procedure Charges*

Procedure	Code	Charge
Ultrasound Guided Intra Muscle Injection	X3770	£350
Ultrasound Guided Joint Injection	W9030	£380
Ultrasound Guided Facet Joint Injection	A5750	£450
Ultrasound Guided Fluid Drainage	XR180	£400
Injection - Joint	W9040	£130
Injection – Soft Tissue	S5210	£130 - £175
Compartment Pressure Analysis	A8460	£450
Shockwave (Lithotripsy) - Shoulder	T7480	£300
Shockwave (Lithotripsy) – Plantar Fasciitis	T5780	£300

If you have any questions about our fees please call the reception team on 08447 700 800 who will be more than happy to assist you.

*This table does not include all of the procedures we offer, please speak to our reception team if you have any questions.

Information on Insurance Companies

Please note that you are required to make contact with your insurance company before any visit, they will confirm your level of cover and will issue you with a pre-authorisation number. It would speed things up considerably if you are able to check that your authorisation code for your consultation will also cover any blood tests or diagnostic

ultrasound scans, should they be required. Failure to contact your insurance company may result in their refusal to pay for your treatment.

If you are referred on for further tests we would recommend that you contact your insurance company again once the tests have been booked. You will need to inform your insurer of the name of the test, the date and venue where you will be having your tests performed (our clinical services team will be able to provide you with all these details).

In the case of onward referral within Pure Sports Medicine we would also recommend you contact your insurance company for them to confirm cover. If you are insured with BUPA, AXA PPP and Cigna we can bill these insurers directly for consultations, procedures and ultrasound scans with our Sports Doctors. Otherwise, you are expected to pay for the full cost of the consultation on the day, a receipt will be given which you can use to claim back from your insurance company. It is important to confirm with your insurance company how much they will cover for the specialist you are seeing so that you understand what is covered and any potential excess that you will be liable for.

Onward Referrals

Please note that if you are sent for further tests (Blood test, MRI, X-ray etc) these tests will be conducted by a third party company therefore it is important that you take all your insurance policy information with you when you go along for your appointment. You may also be required to register with the clinic; therefore it is useful to take your GP details etc with you. We will have already given them the information about who is requesting the test and where to send the results to. If you are a self payer you may be required to pay for the test on the day, please let us know if this is the case so we can request the payment policy from the relevant company.

Cancellation Policy

We require at least 24 hours' notice from you if you need to cancel an appointment. Appointments cancelled within 24 hours of the appointment time, may be charged at the full value of the consultation.

I have read and understood this information relating to my consultation.

Name:

Signature:

Date: