

PSM Upcoming Events

We are currently organising these events. To register your interest, please email media@puresportsmed.com or keep an eye on our Events page: www.puresportsmed.com/events.

2021

February

- The Painful Shoulder & The Gym
- Common Presentations in the Foot & Ankle

March

- Tips for Cycling: From Commuter to Wiggins
- Inflammatory Back Pain

April

- Principles of Progressive Overload: How to Increase Exercise Safely
- Running & Injury Prevention

May

- Preparing & Considerations on Returning to Events
- Golf: Common Injuries & Performance Improvement

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