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Key Publications

1. [Managing Ankle Sprains in Primary Care: What is Best Practice? A Systematic Review of the Last 10 Years of Evidence.](#)
Seah R, Manu-Babu S. Br Med Bull.2011; 97(1):105-35.
2. [The effect of sporting injury on insulin like growth factor-I and procollagen III peptide and the implication for the detection of GH abuse in athletes.](#)
Erotokritou-Mulligan I, Bassett EE, Bartlett C, Cowan D, McHugh C, Seah R, Curtis B, Wells V, Harrison K, Sönksen PH, Holt RI - The GH2004 group.
J Clin Endocrinol Metab. 2008; 93(7): 2760- 2763.
3. [A comparison of pain levels after the Biering-Sorensen and the modified 20-metre shuttle test in patients with chronic low back pain.](#)
Roberts AJ, Seah R, Dickens JC, Ferry RG, Reece AJ, Jones TG
J Back Musculoskelet Rehab. 2014; 27(2): 173-9.
4. [What to tell the media- or not. Consensus guidelines for sports physicians.](#)
Gregory PL, Seah R, Pollock N.
Br J Sports Med 2008; 42(10): 785-788.
5. [A radiological pitfall- Large intra-articular ganglion cyst diagnosed in a runner who presented with chronic hip pain and previously reported normal radiological findings](#)
Seah R, Connell D, Villar RN, Bell P. International Musculoskeletal Medicine 2009; 31(4): 155-157.